

Oval International/*Fall World Cup Selections*
Olympic Oval, Calgary
October 20 – 23, 2016
Final Schedule

Saturday, October 22

07:30	Warmup			
08:35	Zamboni - All Skaters must leave the ice. 1 st 3 pairs allowed when Zamboni is in outer lane			
09:00	Men	500m	Pr 1 – 29	Oval Int'1
	Zamboni - All Skaters must leave the ice. 1 st 3 prs allowed on ice when Zamboni is in outer lane			
10:05*	Ladies	500m	Pr 1 – 17	Oval Int'1
	Zamboni - All Skaters must leave the ice. 1 st 3 prs allowed on ice when Zamboni is in outer lane			
10:50*	Men	1000m	Pr 1 – 24	Oval Int'1
12:00*	Warmup – World Cup Trials after last pair finishes Officials Lunch			
12:35	Zamboni - All Skaters must leave the ice. 1 st 3 prs allowed on ice when Zamboni is in outer lane			
13:00	Ladies	500m#2	Pr 1 – 4	WCup Selections
	2' break			
	Men	500m#2	Pr 1 – 7	WCup Selections
	Zamboni - All Skaters must leave the ice. 1 st 3 prs allowed on ice when Zamboni is in outer lane			
13:45*	Ladies	1000m	Pr 1 – 15	Oval Int'1
	Zamboni - All Skaters must leave the ice. 1 st 3 prs allowed on ice when Zamboni is in outer lane			
15:00	Ladies	1000m	Pr 1 – 7	WCup Selections
	2' break			
	Men	1000m	Pr 1 – 13	WCup Selections

***- Estimated Restart times**

Training Time

16:45 – 18:00

No trains with more than 2 skaters together.

Rest on the inside of the warmup lane only.

No accelerations on the start turn and through the start area.

Return your armbands immediately after your race.