

2012 Olympic Oval Power Skating Camp

Online registration at oval.ucalgary.ca
starting February 1, 2012

Get ready to ace evaluations! Improve your ability to play better hockey or ringette and work on your stride, agility, balance and coordination. You'll learn from the best. The Olympic Oval is home to the world's best skating experts!

Novice 5:00 pm - 6:00 pm
Atom 6:15 pm - 7:15 pm
Peewee 7:30 pm - 8:30 pm
Bantam 7:30 pm - 8:30 pm

AUGUST 13-17, 20-24, 27-31

- Course for Novice, Atom, Peewee and Bantam
- 60 min ice sessions
- Participants must bring own skates, sticks and full ringette/hockey equipment
- Geared towards players with 1+ years of experience (NOT a learn-to-skate program)
- 5 x 1-hour sessions per week
- Technical instruction to produce more power, speed and agility within the skating stride
- \$185 + GST