The Olympic Oval invites you to the:

**2020 Olympic Oval Grand Prix**

**Long Track Speed Skating Competition**

at the Olympic Oval, Calgary, Alberta, Canada

**March 14 & 15 2020**

ANNOUNCEMENT

**Program**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday, March 13th</td>
<td>19:00</td>
<td>Coaches meeting – Oval Lounge</td>
</tr>
<tr>
<td>Saturday, March 14th</td>
<td>09:00</td>
<td>1000m Men   500m Ladies   3000m Men   1500m Ladies</td>
</tr>
<tr>
<td>Sunday, March 15th</td>
<td>09:00</td>
<td>1000m Ladies  500m Men       3000m Ladies  1500m Men</td>
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*Start times may be moved if necessary

**General Regulations**

*The 2020 Olympic Oval Grand Prix Speed Skating competition will be held in accordance with the 2018 International Skating Union Regulations and Speed Skating Canada Regulations.*

**The Track**

The Olympic Oval is a standard speed skating track of 400 meters to the lap. The refrigerated ice track has a 5 meter wide warmup lane. The radii of the inner and outer competition lanes are 26 and 30 meters respectively. The width of the racing track is 4 meters.

**Entries**

Any bonafide member of the International Skating Union may compete in the Olympic Oval Grand Prix Competition, provided that the member is properly registered with the Organizing Committee and approved by their member country.

**Citizenship/Residence requirements and Clearance Procedure**

In accordance with Rule 109 of the ISU Regulations and the current ISU Communication, all skaters who do not have the nationality of the Member by which they have been entered or who, although having such nationality, have in the past represented another Member, must produce an ISU Clearance Certificate.

**Composition and the Starting Order of Pairs**

The draw is conducted under the current SSC rules and ISU rules where applicable. The Coaches Meeting will be held at the Olympic Oval Lounge on Friday, March 13, 2020. The Pairings for Day One will be available at this time.

**Liability**

In accordance with ISU Rule 119; the International Skating Union, Speed Skating Canada, Alberta Speed Skating Association, the Olympic Oval, and the University of Calgary assume no responsibility for, or liability with respect to bodily or personal injury or loss of property or damage incurred in connection with the 2020 Oval Grand Prix Speed Skating Competition. **Each Skater is solely responsible for providing insurance coverage thereto.**

**Transportation**

Each skater is responsible for his/her own transportation. It is a 20 minute walk from the Village Park Inn.
Training Times
All skaters will be charged for their ice training prior to the competition. The day prior to the competition is free for training. For Training Times and costs please contact the Olympic Oval Front Office (ovalguestservices@ucalgary.ca) Phone – 1-403-220-7954

Official Hotels of the Olympic Oval (Please use the code L-OVAL when booking rooms.)

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Best Western Village Park Inn</td>
<td>1804 Crowchild Trail NW Calgary, AB</td>
<td>1-403-289-0241</td>
<td><a href="mailto:sara@villageparkinn.com">sara@villageparkinn.com</a></td>
</tr>
<tr>
<td>Hotel Alma</td>
<td>169 University Gate NW Calgary, AB</td>
<td>403-220-5443</td>
<td><a href="mailto:stay@hotelalma.ca">stay@hotelalma.ca</a></td>
</tr>
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</table>

Athlete Check-In
Out of country skaters must check in at the Olympic Oval Front Desk by Friday, March 13th, 2020 to confirm their entry. All paperwork and entry fees must be completed by 12:00 on the day of the Coaches Meeting or skaters will not be included in the draw or allowed to compete. This includes waiver forms.

Anti-Doping
Tests may be made in accordance with Rule 139 and the current ISU Doping Communication.

Submission of Entries
Entries for the 2020 Olympic Oval Grand Prix Speed Skating Competition must be submitted to the address on the entry form or submitted electronically by the entry deadline. All entries must contain season best times skated in a Sanctioned Competition. The current season will be used for seeding in most cases.

Entry Fees
The entry fee is $20 per race (CDN) (includes GST)
Note: There is no restriction for the number of races for each participant
Late Fee: Double entry fee after March 6th, 2020.
Skaters must be at least Junior C2. (Born before July 1, 2005.)

Entry Deadline: March 6th, 2020, Midnight
Olympic Oval Waiver Form: Skaters in their first competition of the season in the Olympic Oval must fill out the Waiver Form.

Email: oval@ucalgary.ca | Telephone: 1-403-220-7954 | Fax: 1-403-284-4815

For more information visit www.oval.ucalgary.ca
The Olympic Oval invites you to the
2020 Oval Grand Prix Speed Skating Competition
at the Olympic Oval, Calgary, Alberta, Canada
March 14 & 15, 2020
ENTRY FORM

Name of Skater: ______________________________________  Sex: M  F  Class: JR  SR  Master

Address: ____________________________________________

(street)   (city)   (prov./state)   (country)   (postal code)

Date of Birth: ___ / ___ / ___  Local Emergency Contact: __________ Telephone #: __________________

day   month    year

Season Bests: 2018/19 season or Current Season

500m ______ 1000m_______1500m________ 3000m _______ __

Email address:________________________  Province _____ or Country ___ _____________

ENTRY FEE: $20 (CDN) per distance

Entry Deadline is March 6th, 2020 – Midnight
Entry form and entry fee must be received by the Olympic Oval before the entry deadline or participant will be charged double the entry fee. ABSOLUTELY NO REFUNDS.

Check the boxes for races you will compete in.

Saturday, March 14

[ ] 1000m Men  [ ] 3000m Men

[ ] 500m Ladies  [ ] 1500m Ladies

Sunday, March 15

[ ] 100m Ladies  [ ] 3000m Ladies

[ ] 500m Men  [ ] 1500m Men

Skaters must be at least Junior C2. (Born before July 1, 2005.)

Time Standards - Ladies 3000m – 5.20.0  Men 3000m – 4.40.0

In witness whereof I have hereunto set my hand and seal this _____day of ________, 2020.

Signature of Contestant  Signature of Parent/Guardian (If under 18 yrs of age)

WAIVER FORMS MUST BE COMPLETED PRIOR TO COMPETING