

CanAm International
November 18, 19, 20, 2022
Olympic Oval, Calgary
Draft Schedule #2

Friday, November 18

07:30	Warmup Women		
08:00	Warmup Men		
08:30	Resurface - All Skaters must leave the ice.		
09:00	CanAm Women	500m	Pr 1 – 33
	Resurface - All Skaters must leave the ice.		
10:05	CanAm Men	500m	Pr 1 - 30
	Resurface - All Skaters must leave the ice.		
11:00*	CanAm Men	500m	Pr 31 – 47
	<i>Warmup 1500m</i>		
	Officials Lunch		
12:00	Resurface - All Skaters must leave the ice.		
12:25	CanAm Women	1500m	Qt 1 - 14
	Resurface - All Skaters must leave the ice.		
13:45	CanAm Men	1500m	Qt 1 - 14
	Resurface - All Skaters must leave the ice.		
14:55*	CanAm Men	1500m	Qt 15 - 23

Bold Times are Hard Start times

Any * times are estimated restart times

No trains with more than 2 skaters together.

Rest on the inside of the warmup lane only.

No accelerations on the start turn and through the start area.

All Skaters are responsible for their own ARM BANDS

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Saturday, November 19

07:30	Warmup Women		
08:00	Warmup Men		
08:35	Resurface - All Skaters must leave the ice.		
09:00	CanAm Women	1000m	Qt 1 - 15
	Resurface - All Skaters must leave the ice.		
10:00	CanAm Men	1000m	Qt 1 – 22
	<i>Warmup</i>		
	Officials Lunch		
11:50	Resurface - All Skaters must leave the ice.		
12:15	CanAm Women	3000m	Qt 1 – 11
	Resurface - All Skaters must leave the ice.		
13:40	CanAm Men	5000m	Qt 1 – 10
	Resurface - All Skaters must leave the ice.		
15:10	CanAm Men	5000m	Qt 11 - 16
16:00*	CanAm Men	3000m	Qt 1 - 5

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Sunday, November 20

07:30	Warmup	Women		
08:00	Warmup	Men		
08:30	Resurface - All Skaters must leave the ice.			
09:00	CanAm	Women	500m	Pr 1 – 29
	Resurface - All Skaters must leave the ice.			
10:00	CanAm	Men	500m	Pr 1 – 30
	Resurface - All Skaters must leave the ice.			
11:00*	CanAm	Men	500m	Pr 31 – 45
	<i>Officials Lunch – Warmup</i>			
	Equipment Check for Mass Start			
12:00	Resurface - All Skaters must leave the ice.			
12:25	CanAm	Women	1000m	Qt 1 - 14
	Resurface - All Skaters must leave the ice.			
13:25	CanAm	Men	1000m	Qt 1 - 24
	Resurface - All Skaters must leave the ice.			
	Equipment Check and Transponder Distribution			
15:15	CanAm	Women	Mass Start	
		Men	Mass Start	

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