Masters' International Sprint Games 2023 January 21-22, 2023 Olympic Oval, Calgary <u>Draft</u> Schedule

Pr 1 - 19

Pr 1 - 19

Saturday	y, January 21		
07:30	Warmup		
08:30	Zamboni - All Skaters must leave the ice. No Skaters allowed until Zamboni off the ice.		
09:00	500m Women	Pr 1 – 6	
	500m Men	Pr 1 - 19	
	Zamboni - All Skaters must leave the ice.		
	No Skaters allowed until Zamboni off the ice.		
10:30	1000m Women	Pr 1 – 6	

Sunday, January 22 07:30 Warmup

1000m Men

08:30	Zamboni - All Skaters must leave the ice. No Skaters allowed until Zamboni off the ice.		
09:00	500m Women 500m Men Zamboni - All Skaters m No Skaters allowed until Z		
10:30	1000m Women	Pr 1 – 6	

All Bold times are restart times. (We will not start before that time) No trains with more than 2 skaters together.

Rest on the inside of the warmup lane only.

1000m Men

No accelerations on the start turn and through the start area.

ALL SKATERS MUST HAVE THEIR OWN ARMBAND.