



**Start  
something.**

## **Beyond the Game: Advancing EDI in Sports Science**

Morgan Rogers, a dedicated PhD student within our faculty, is at the forefront of integrating equity, diversity, and inclusion (EDI) into the realm of sports and kinesiology. Under the co-supervision of Dr. Cari Din and Dr. Penny Werthner, Rogers' research focuses on two transformative programs: a leadership development initiative for adolescent girls from equity-denied groups, hosted by Canadian Tire Jumpstart, and a project working with Hoop Queens, a semi-professional basketball league empowering Black, Indigenous, and People of Colour (BIPOC) women.

### **Inspiration and EDI Focus:**

Driven by personal experiences of gender discrimination in sports, Rogers' passion for creating inclusive sporting environments is palpable. Recognizing her privilege as a white woman, she channels this awareness into creating more inclusive and equitable opportunities in sports. Her work exemplifies the EDI focus within kinesiology, addressing the critical need for representation and inclusivity in sports environments.

### **Methodology and Inclusivity:**

Embracing a co-production methodology, Rogers' research actively involves participants as partners and future co-authors, enriching the research with diverse perspectives. This inclusive method addresses the underrepresentation of racialized women in sports and academia, aligning with broader social justice goals.

### **Key Findings and Insights:**

The preliminary insights from Rogers' research highlight the transformative power of partnerships and the active inclusion of diverse voices. She emphasizes that meaningful contributions to research can come from various expertise, not limited to academic credentials. A prominent insight is the intentional integration of diverse perspectives throughout the research, ensuring that the outcomes are relevant and beneficial to the communities involved.

### **Personal Evolution and Awareness:**



**UNIVERSITY OF CALGARY**  
FACULTY OF KINESIOLOGY

Engaging with diverse groups in sports, Rogers has gained a deeper understanding of her position and privilege. This self-awareness has been a critical factor in shaping her approach to research, allowing her to make more informed and sensitive contributions to the field. Her experience underscores the importance of reflective practice in conducting EDI-focused research.

**Advice for Future Researchers:**

Rogers advises future researchers in kinesiology to approach EDI with intentionality and openness. Emphasizing the necessity of adaptability and willingness to learn from mistakes, she advocates for a thoughtful and progressive approach toward integrating EDI in research. Her advice highlights the balance between ambition and feasibility, urging researchers to set realistic and impactful goals in their EDI endeavours.

In her research, Morgan Rogers, guided by Dr. Cari Din and Dr. Penny Werthner, demonstrates a practical approach to EDI in kinesiology. Her work, focused on real-world impact, offers a clear, effective model for incorporating inclusivity in sports science. As Rogers progresses, her contributions inspire a thoughtful evolution in the field, highlighting the importance of diverse perspectives in research.

