



Elite Athlete Pathway

Summer Drop-in 2020

Visit our website for complete details at
oval.ucalgary.ca

SUMMER 2020 LONG TRACK

Stage 1
August 17 - 22, 2020

Time Standards			
Ladies 500m	46.54	Mens 500m	42.81
Ladies 1000m	1:33.11	Mens 1000m	1:24.35
1 out of 2 distances			

Pricing
TBD

Application Deadline
June 1st, 2020

Summer Classic
August 21 - 23, 2020

Stage 2
May, June, July and August
(according to coaches' YTP)

Time Standards			
Ladies 500m	44.66	Mens 500m	41.18
Ladies 1000m	1:28.67	Mens 1000m	1:20.73
Ladies 1500m	2:17:50	Mens 1500m	2:03:43
Ladies 3000m	4:49.34	Mens 5000m	7.25:09
1 out of 4 distances			

1 week: TBD	1 month: TBD
2 months: TBD	3 months: TBD

Application Deadline
June 1st, 2020

Summer Classic
August 28 - 30, 2020

SUMMER 2020 SHORT TRACK

Stage 1
July 20-25 | August 10-15
August 17-22, 2020

Time Standards			
Ladies 200m*	21.90	Mens 200m*	20.90
Ladies 400m*	40.50	Mens 400m*	39.50
Ladies 500m	50.50	Mens 500m	47.50
Ladies 1000m	1:45.00	Mens 1000m	1:37.00
Ladies	2:43.00	Mens 1500m	2:34.00
100m: 2 out of 2 distances		111m: 2 out of 3 distances	
*100m time ONLY if not raced on 111m			

Pricing	Application Deadline
TBD	June 1st, 2020

Olympic Oval Team Trophy
(SSC Sanctioned)
August 22 - 23, 2020

Stage 2
May, June, July and August
(according to coaches' YTP)

Time Standards			
Ladies 500m	49.00	Mens 500m	46.50
Ladies 1000m	1:41.00	Mens 1000m	1:34.50
Ladies 1500m	2:38.50	Mens 1500m	2:28.00
100m: 2 out of 2 distances		111m: 2 out of 3 distances	
*100m time ONLY if not raced on 111m			

Pricing	
1 week: TBD	1 month: TBD
2 months: TBD	3 months: TBD

Application Deadline
June 1st, 2020

Olympic Oval Team Trophy
(SSC Sanctioned)
August 22 - 23, 2020